Concord Reports Calls For 2-Months

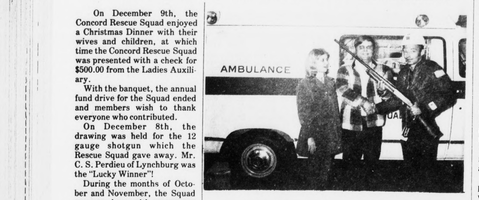
On December 9th, the Concord Rescue Squad enjoyed a Christmas Dinner with their wives and children, at which time the Concord Rescue Squad was presented with a check for $500.00 from the Ladies Auxiliary.

With the banquet, the annual fund drive for the Squad ended and members wish to thank everyone who contributed.

On December 8th, the drawing was held for the 12 gauge shotgun which the Rescue Squad gave away. Mr. C. S. Perdieu of Lynchburg was the "Lucky Winner"!

During the months of October and November, the Squad was very busy with emergency calls. Members spent 177 man-hours and traveled a total of 1,681 miles in answer to 69 calls.

A break-down of the calls is as follows: general illness, 22; transports, 12; Cuts, 6; strokes, 3; auto accidents, 3; gunshot wounds, 2; assist other squads, 2; abdominal pains, 2; bee stings, 2; reaction to medication, 2; insulin reaction, 2; and one call each for breathing difficulty, fall, tractor accident, stand-by, mashed finger, mashed toe, shock, broken wrist and nose bleed.



C. S. Perdieu of Lynchburg, center above, received shotgun from James Cassidy of the Concord Rescue Squad. Perdieu had the winning donation ticket that he had received from Carolyn Cassidy, shown on the left above.

RED HOLLY BERRIES

A legend relates that on the first Christmas night, when the shepherds went to the manger, a little lamb following them was caught by the holly thorns, and the red berries are the drops of its blood that froze on the branches.

The Legend of Christmas Tinsel

According to an old legend, a poor peasant woman, with many children, decorated a Christmas tree with such humble trimmings as she was able to gather, mostly berries and nuts and such odds and ends as she had managed to save up during the year. She labored far into the night trying to make her tree as beautiful as she could.

While she was asleep, spiders came and crawled from branch to branch trailing their icy webs behind them. To reward the woman for her devotion, The Christ Child blessed the tree and all the spider webs were turned into gleaming silver.

Greetings of the Holy Season

May the many blessings of Christmas fill your hearts with peace and happiness.

Gaines' Jewelers

Main Street Appomattox, Va.

Cost of Living Increase Approved For Veterans

A cost of living increase in VA benefits for nearly 2.7 million disabled veterans and survivors of deceased veterans is authorized by a law signed by the President on Dec. 6, said Donald E. Johnson, Administrator of Veterans Affairs. The law is effective January 1, 1974, and the increase will be reflected in checks received around Feb. 1.

The increase will average 10 per cent for 915,000 wartime veterans and 859,000 widows on VA pension rolls, and 69,000 parents drawing dependency and indemnity compensation. Increase dpension payments also will go to 842,000 children of veterans. (In Virginia this will mean increases for 25,705 veterans, 23,132 widows, 1,562 parents and 18,696 children.)

Pensions are paid by the VA on the baisis of need to veterans permanently and totally disabled from nonservice connected causes and to widows and children of veterans who died of nonservice - connected disabilities. DIC payments are made to widows, unmarried children under 18, and certain parents of veterans and servicemen who died of service - connected disabilities. The new law increased DIC rates only for parents, VA noted.

Among other highlights of the new law:

•Maximum pension payable to veterans without dependents increased from $30 to $50 monthly, if hospitalized more than two months.

•Pension for veterans with no dependents and incomes of not more than $900 annually increased from $130 to $143 monthly.

• Pension for veterans with one dependent and incomes of not more than $500 annually increased from $140 to $154 monthly.

• Widows with no dependents and incomes of not more than $900 annually increased from $87 to $96 monthly.

• Death pension rates for children increased from $42 monthly plus $17 monthly for each additional child, to $44 monthly plus $18 monthly for each additional child.

• Authorized lump sum payment of $25,000 to certain veterans discharged from the Army as a result of an incident in Brownsville, Texas, Aug. 13, 1906, or $10,000 to their unremarried widows.

Additional information on pension benefits is available at the Roanoke VA Regional Office, or from representatives of local veterans organizations.

W. H. Highfill, Jr., Director

FAT OVERWEIGHT

The Odrinex Plan can help become the slim trim person you would like to be. Odrinex has been successfully by thousands all over the country for 14 years. Get rid of ugly fat and live longer.

Odrinex is a tiny tablet and easily swallowed. Contains no dangerous drugs. No starving. No special exercises. Odrinex Plan is available in regular or economy sizes.

You must lose ugly fat or your money will be refunded. No questions asked. Accept no substitutes. Satisfaction guaranteed or this guarantee by.

REVCO EVERY DAY IS SAVINGS DAY AT REVCO

IT'S LYNCHBURG FEDERAL SILVER DOLLAR TIME

OPEN AN ACCOUNT FOR $200.00 OR MORE

OR DEPOSIT $200.00 OR MORE

TO AN EXISTING ACCOUNT

AND GET A SILVER DOLLAR

(Not Eisenhower)

Free

LET YOUR MONEY REMAIN TO GROW AT THE TOP AREA INTEREST RATES— — — IN INSURED SAFETY

Regulations permit just one silver dollar per account

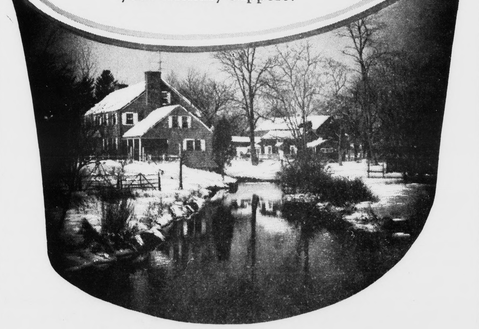
LYNCHBURG FEDERAL
SAVINGS AND LOAN ASSOCIATION

CONVENIENT LOCATIONS

HOME OFFICE 615 Church Street
BROOKVILLE 7114 Timberlake Road
ALTAVISTA 613 Pittsylvania Avenue
MILLER PARK 1990 Fort Avenue

Merry Christmas

Christmas tranquility holds a message for all of us. In the midst of this season we take time to appreciate and be grateful. And as we pause, one thing comes to mind... how much we value your friendly support!



H. W. Conner, Postmaster

John T. Hall — *Raymond T. Jamerson*
Virginia G. Doss — *Ora S. McCoy*
Wayne Lee — *Bill Sperry* — *S. A. Lawson*
Bill Williamson — *Tibbie Allen*

...d Will Be ...d Year For ...rginians

...me some adjustments ...by the fuel situation, ...l be a good year for ...siness with per capita ...e approaching $5,000, ...ding to Richard S. Gillis, ...Executive Director of the ...ia State Chamber of ...merce.

...ntinued general pros- ...through 1974 will be due ...e unique balance of the ...ia economy. Throughout ...employment continued to ...in the State's basic-type ...ustries. Basic type indus- ...operate slightly more ...an equal number of jobs in ...-type industries. The ...t result will be employ- ...of almost 2 million ...ians, with an unemploy- ...te of about 2.2%. Of the ...-type industries including ...facturing, port activity, ...nsportation, only small ...ses will be adversely ...and should the energy ...ation continue or worsen. ...r example, to maintain ...r competitive positions, ...-oriented manufacturing ...panies must continue their ...-term plans and projects. ...ording to the State's Divis- ...of Industrial Development ...the State Chamber's ...rtment of Industrial Deve- ...ment, the 1974 outlook for ...a's industrial development ...ears to be good. Employ- ...in manufacturing, which ...ased by over 20,000 jobs in ...74 and by some 12,000 in ...75 should continue to grow ...m 10,000 to 15,000 range in ...74 and contribute to our ...verall economic base. ...creased foreign invest- ...ts, supplementing domestic ...stment in Virginia, pro- ...s assurance of continued ...ard industrial growth. ...Solid fuel prices sky-rock- ...or severe rationing be ...osed, Virginia's billion dol- ...travel industry will be ...ewhat adversely affected to some ...ree. The State Chamber ...notes Gillis, that Virginia ...maintain her important ...ad visited economic base by ...porting promotion activities ...to large population centers ...within a few hundred miles of ...Old Dominion and using ...ways to reach the State's ...major travel attractions. Vir- ...ia is uniquely situated ...within a gas tank away from 35 ...the Americans. This will be ...enormously important to our ...ism industry should the ...gy situation worsen. ...Capital intensive transporta- ...and public utilities basic- ...industries continue to be a ...rce of new jobs for Virgin- ...ians. Despite capital improve- ...ents that would mean less ...ployment in a no-growth or ...low-growth economy, the ...transportation and public utili- ...ties industries actually added ...more than 4,000 employees in ...1973. Growth now underway ...promises at least as much ...additional employment in 1974.

Due to Virginia's great ports, numerous military installations and facilities, and the State's proximity to Washington, government employment is a major factor in Virginia's economy. Not counting Federal employment in the Northern Virginia area, which is a part of the Washington Standard Statistical Metropolitan Area, amounting to some 50,000 federal employees, there are now more than 324,000 government employees in Virginia. Government employees tend to have relatively high incomes which in turn provide jobs in service type industries. Government employment in 1973 increased at about the same rate as in 1972 - some 10,000. This increase is a part of a long term trend that shows no indication of a decrease.

Another basic type industry - agriculture - that has been declining for decades, appears to have bottomed out and is increasing the State's employment and income. The State's 107,000 farm employees produce a net of $385 million in income. Agriculture is, of course, a part of a larger and growing industry - agri-business. Increasing demand for Virginia agricultural products means higher income and better jobs in 1974.

The developments in the basic-type industries of Virginia will mean even more progress in service-type industries such as contract construction, trade, finance, insurance and real estate and miscellaneous services.

In summary, according to the Virginia State Chamber's Executive Director, despite some adjustments due to the fuel situation, 1974 will be a year of continued economic growth and general prosperity for Virginia. Present and projected developments insure that incomes will continue to grow and that the State's unemployment level will remain well below that of the national average.

May the peaceful tranquility of this Holy season enter heart and home. Our pleasure is serving you.

Coleman & Sons, Inc.
Main Street Appomattox, Va.

Well-Loved Carols Ring Out Everywhere

Historians say it may have been written by Saint Bonaventure, in the 13th century.

Classics Provide Yuletide Melodies

In this century, hymns and carols of the Nativity have been composed by Peter Warlock ("Bethlehem Down") and Gustav Holst ("Mid-Winter")—among others.

Often, hymns and carols have been set to the music of classic composers.

One example is, "While Shepherds Watched Their Flocks by Night," by Nahum Tate. Music for this came from Handel's opera, "Siroe," as adapted by Richard Storrs Willis.

JINGLE, BELLS

Most-sung American secular carol is "Jingle, Bells," written by James Pierpont of Massachusetts in the 1850's.

READY FOR YULE

"Christmas tree" is the actual name of a plant that grows in New Zealand.

"Joy to the world! The Lord is come!"

"It came upon the midnight clear, that glorious song of old."

"Silent night, holy night, All is calm, all is bright."

"Oh come, all ye faithful, joyful and triumphant."

Throughout Christendom, the words of these well-loved carols are familiar even to little children, and they'll be heard this Christmas wherever carolers get together.

"Joy to the World" was written by Isaac Watts (1674-1748), English hymnist.

Watts, who is known as the creator of the modern hymn, wrote nearly 600 hymns. Many of these still appear in Protestant hymnals, says the Encyclopedia Americana.

"It Came Upon the Midnight Clear" is the work of Edmund H. Sears, a Unitarian minister in Massachusetts, more than a century ago.

Perhaps the most famous of Christmas carols, "Silent Night" was first sung on Christmas Eve, 1818, to guitar music.

Mice in the bellows had silenced the organ of a tiny Austrian church. Father Joseph Mohr met the challenge by writing "Silent Night." His organist composed a melody for guitar.

Father Mohr's inspiration—aside from the mice—was the vast, still beauty of the snowy mountains around the village.

"Oh come, all ye faithful" is translated from the Latin, "Adeste Fidelis," and its exact beginnings are shrouded in the mists of time.

IT'S LEGAL

Alabama was the first U.S. state to make Christmas a legal holiday, in 1836.

May the peace and serenity of Christmas fill your heart, your home and your life throughout this blessed season and in the year to come. We take this opportunity to thank you for your continued patronage.

Dairy Queen

RONALD & MARTHA PAULETTE
APPOMATTOX, VIRGINIA

The Donkey, A Family Favorite

The donkey, or ass, was the most valuable animal to the biblical family, and also the most economical, since he ate only a quarter-as much barley as a horse. The most menial of animals, he was famous for his stamina and sure-footedness. Humble as his status was, he would bear the caimeleer on his back, and lead the long, stately strings of camels across the desert.

Even poor families, like Joseph's of Nazareth could afford one donkey, which they trimmed with blue beads and red wool to show their pride of ownership. This simple beast was their mode of transport into Bethlehem and later for the Flight into Egypt.

ALL ABOUT SOYBEANS It is surprising to learn about the numerous uses of soy protein. The various qualities of soy protein make it a very versatile ingredient in food products. For example, one use is the addition of soy protein to fresh bakery products. These proteins absorb two to three times their own weight in water. This ability to retain moisture helps bakers retain freshness in their products.

Look around your grocery store and read the ingredient panels on the items you purchase. You'll see soy flour in refrigerated doughs-this keeps fresh flavor and texture during storage, also soybean oil, soy protein in pancake flour and many other uses.

Recently with the concern over getting the most for each food dollar consumers have purchased ground beef with soybean used as a meat extender. Extenders consist of processed soybean meal in the form of flour and grits. For a soybean product to substitute partly or wholly for meat it must go through an additional step-texturizing this gives it strength to withstand cooking and processing. Texturized vegetable protein, known as TVP has been added to some ground beef to give consumers more protein at a lower cost.

Area stores are now displaying a new form of TVP. A package form of TVP with seasonings is now being sold. This product can be added to ground beef to make "Chili", hamburger," spaghetti" and "meat loaf." After the product is rehydrated it has an appearance similar to ground beef plus gives the consumer twice as much protein, from the

George's Auction Service & Center

CONFEDERATE BLVD. APPOMATTOX, VA

Merry Christmas

May the peace and serenity of the season be in your hearts and in your lives – not only at Christmas, but all through the year. Thanks for your friendly support and patronage.

Farmers National Bank
Main Street & Triangle Plaza Branch
Appomattox, Va.